

Teaching Heart



Developing Children's Social and Emotional Intelligence

Support & Guidance for Parents & Teachers

Presentation Schedule

Time: 7:00 - 8:30 P.M.

Cost: \$15

**Thursday
Sept. 20**

How Do You Connect to Your Child?

Quality connection between a parent and child and between a teacher and student is what develops the emotional parts of a child's brain. Come learn how you can communicate and connect deeply with your child even with a busy schedule and how this connection can develop your child's social and emotional intelligence.

**Wednesday
Oct. 10**

Discover the Intelligence of Your Child

All children are intelligent, but their intelligence may not be in reading, writing, or math. Academic grades and IQ are very narrow definitions of intelligence, yet they can have a profound influence on children's self-esteem, motivation, self-confidence, their sense of value, and potential. Come learn about the eight areas of intelligence and how you can identify and develop your child's areas of intelligence and self-esteem.

**Wednesday
Oct. 24**

A Child's Emotional Brain is a Terrible Thing to Waste!

Use it or lose it is the motto that applies to the brain. Childhood is a critical time to develop the emotional areas of a child's brain. Your child's brain is naturally wired to be emotional, and it just needs the right stimulation and support to properly develop. The emotional parts of the brain exert a great influence on the intellectual parts of the brain. Learn how you can positively influence the development of your child's emotional brain and as a result, positively impact her(his) academics and learning.

**Thursday
Nov. 8**

Does Your Child Feel Valuable (Value Able)?

It is critical that children feel good inside regardless of what is happening around them. The intrinsic value that children feel inside is what helps them to survive and thrive through challenging and difficult events in their lives. A feeling of intrinsic value is developed during childhood. Is your child able to access his(her) intrinsic value regardless of what is happening in his (her) life? Come learn how to develop your child's intrinsic value.

**Wednesday
Nov. 14**

Being A Highly Sensitive Child Is a Gift and a Challenge

Sensitivity is a form of intelligence and can be a tremendous gift for children if they receive the support that they need. 20 % of all children are highly sensitive, and many of these children find the world an overwhelming and challenging place. Don't let your children's sensitivities limit or hold them back. Help them to see their sensitivity as a strength. Learn what the characteristics of highly sensitive children are and how to support and guide them to grow to their fullest potential.

**Thursday
Nov. 29**

Putting Pressure on Kids: How Much Is Too Much?

We live in a time that parents feel a lot of pressure to get their kids involved in as many activities as possible. Children are living fast paced, hectic lives that can negatively impact their emotional and psychological development. Come learn about the effects that negative stress can have on children, how to assess if there is too much pressure on your children, and what you can do to create healthy balance in their lives.

**All presentations will be held at the
Teaching Heart Center
1314 Main St., Suite 203 Louisville, Colorado**

**Visit www.teachingheart.com for more information
and call Tom McSheehy MSW, LSW at
303-955-2816 to sign-up. Space is limited.**